

Indiana School for the Blind and Visually Impaired

September 28, 2020 – October 4, 2020

MS/HS Menu

Monday Breakfast

Muffin, Yogurt, Fresh Fruit, Juice, White Milk

Monday Lunch

Cheeseburger or Deli Sandwich or Chicken Caesar Salad or Soy Butter/Jelly, Curly Fries, Raw Veggies, Applesauce, Fresh Fruit, Milk

Monday Dinner

Chicken Nuggets, Mac and Cheese, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Tuesday Breakfast

Cereal and Granola Bar, Yogurt, Fresh Fruit, Juice, White Milk

Tuesday Lunch

Cheese Burrito or Deli Sandwich or Chicken Caesar Salad or Soy Butter/Jelly, Spanish Rice, Black Bean Salsa, Fruit Cup, Fresh Fruit, Milk

Tuesday Dinner

Breakfast for Dinner, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Wednesday Breakfast

Pancakes w/ Sausage, Yogurt, Fresh Fruit, Juice, White Milk

Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Chicken Caesar Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Canned Fruit, Fresh Fruit, Pudding, Milk

Wednesday Dinner

Pot Pie, Fresh Fruit, Baker's Choice Dessert, Milk

Thursday Breakfast

Cinnamon Roll and Cheesy Eggs, Yogurt, Fresh Fruit, Juice, White Milk

Thursday Lunch

Mozzarella Meatball Sub or Deli Sandwich or Chicken Caesar Salad or Soy Butter/Jelly, Pickle Spear, Green Beans, Fruit Cup, Fresh Fruit, Milk

Thursday Dinner

Hot Wings, French Fries, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

Friday Breakfast

Pop Tarts, Yogurt, Fresh Fruit, Juice, White Milk

Friday Lunch

Popcorn Chicken Bowl or Deli Sandwich or Chicken Caesar Salad or Soy Butter/Jelly, Corn, Mashed Potatoes, Canned Fruit, Fresh Fruit, Friday Fun Treat, Milk

Sunday Dinner – In Dorms

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**